



ALL EXAMINATIONS Please bring your Health Care card and another piece of identification with this form.

If you have any questions about your exam, exam preparation, or need to change or cancel your appointment, please contact Central Booking. Patients who miss their appointment and fail to cancel 24 hours prior to their exam may be charged a \$25.00 fee.

Only exams below require preparation. Please review carefully to ensure the best exam results.

Exercise MIBI - Myocardial Perfusion scan - with or without Persantine (Dipyridamole)

**If there is any chance of pregnancy, the exam should be postponed until the start of menses or within the 10 days thereafter.*

Your heart is imaged in two phases, on two separate days: once after stress (exercise), once while resting. Each appointment takes approximately 2-3 hours.

1. Do not consume any caffeine for 24 hrs prior to your stress test appointment

This includes such things as: coffee (*including decaffeinated coffees*), teas, colas and soda pops, chocolate, Tylenol #1, #2, and #3 (*over the counter Tylenol products may be used*). If you are taking a prescription medication for pain relief, contact your pharmacist to ensure that it does not contain any caffeine.

No erectile dysfunction medications (eg. *Viagra, Cialis*) 72 hours prior to your exam (*applies to both males and females*).

2. Do not eat or drink anything after midnight before the test

If you normally take medication in the morning, you may continue to do so with some water (*unless otherwise directed by your physician*).

3. Bring a list of your medications with dosages included

Continue to take all your medication(s) as directed by your physician. Should you have any questions about taking your medications for the test, contact your doctor's office.

4. Diabetic Patients

DO NOT take your diabetic medications on the morning of your stress test. Bring your medications.

5. Asthmatic Patients

Bring your inhalers and medications.

6. Clothing

Please wear a comfortable pair of pants or shorts, and appropriate footwear to be worn on a treadmill. No one piece undergarments.

7. Food

Please feel free to bring a snack. There will be a waiting period between the stress test and scan.

Exercise Stress Test - no imaging

Please wear a comfortable pair of pants or shorts, and appropriate footwear to be worn on a treadmill. No one piece undergarments.

Locations

Hours of operation vary by examination

Ⓞ *Extended Hours available for X-ray*

Edmonton

Allin Clinic (*X-ray only*)

B1, 10155 120 ST NW

Fax: 780.488.0238

Ⓞ **Century Park**

201-2377 111 ST NW

Fax: 780.461.8524

College Plaza

7th Flr-8215 112 ST NW

Fax: 780.439.9977

Gateway Clinic

107-6925 Gateway BLVD NW

Fax: 1.866.815.1715

Hys Medical Centre

202-11010 101 ST NW

Fax: 780.424.7780

Namao 160

209-15961 97 ST NW

Fax: 1.877.433.9020

Ⓞ **Tawa Centre**

200-3017 66 ST NW

Fax: 780.461.7527

Terra Losa

9566-170 ST NW

Fax: 1.877.543.8044

Ⓞ **Windermere**

201-6103 Currents DR NW

Fax: 1.888.442.2136

MRI & CT

(*Separate requisition required*)

MRI & CT Century Park

201-2377 111 ST NW

Fax: 780.433.7286

MRI College Plaza

7th Flr-8215 112 ST NW

Fax: 780.433.7286

Ft. Saskatchewan

SouthPointe

115-9332 Southfort DR

Fax: 780.392.1269

Sherwood Park

Synergy Wellness Centre

109-501 Bethel DR

Fax: 780.392.1268

St. Albert

Grandin X-Ray (*X-ray only*)

1 St. Anne ST

Fax: 780.458.9096

Ⓞ **Summit Centre**

102-200 Boudreau RD

Fax: 780.459.2376

MIC Business Office

Hys Centre

203-11010 101 ST NW

Edmonton

Fax: 780.425.5979