



**\*ALL EXAMINATIONS\*** Please bring your Health Care card and another piece of identification with this form.

If you have any questions about your exam, exam preparation or need to change or cancel your appointment, please contact Central Booking.

\*For all examinations (except ultrasound):

1. If it has been more than 28 days since the start of your last period, please confirm with the technologist that you are not pregnant.
2. Some continuous glucose monitoring devices recommend removing the glucose monitor for all radiation imaging exams, while others specify that you only need to remove the device if it is in the direct beam. Some devices say that you don't need to remove them at all. Before scheduling a medical imaging exam at MIC, we recommend that all diabetic patients refer to their glucose monitoring device instructions so they can coordinate their appointment around the replacement of their device. If you are unsure if you will receive radiation during your appointment, please [call our Central Booking team at 780-450-1500](tel:780-450-1500).

**Only exams below require preparation. Please review carefully to ensure the best exam results.**

## Ultrasound

- Abdomen, AAA Limited, Liver elastography** Nothing to eat or drink after midnight.
- Pelvic, Renal, Bladder, Nuchal Translucency Screening, or Obstetrical**  
(You may continue to eat)
 

1. 90 minutes prior to your exam, empty your bladder.	3. Finish drinking the full amount one hour prior to the examination.	4. Do not empty your bladder again prior to the examination.
2. Drink 1 litre of water.		
- Obstetric > 28 weeks includes BPP** (Please have a snack prior to the exam)
 

1. 90 minutes prior to your exam, empty your bladder.	3. Finish drinking the full amount one hour prior to the examination.	4. Do not empty your bladder again prior to the examination.
2. Drink 500ml of water.		
- Abdomen with Pelvic or RLQ (Appendix)**

1. Nothing to eat after midnight.	3. Finish drinking the full amount one hour prior to the examination.	4. Do not empty your bladder again prior to the examination.
2. 90 minutes prior to your exam, empty your bladder, then drink 1 litre of water.		
- Anal Sphincter** Exam is done to assess tears of the anal sphincter. Exam is performed both vaginally and transperineal. No preparation required.

## Mammography

Do not use perfume, deodorant, antiperspirant or talcum before the examination. If you experience premenstrual breast tenderness, you may delay booking until tenderness has subsided. Wear a two piece outfit. At the time of booking, you will be asked where your previous mammogram was done.

**Nuclear Medicine** *\*If there has been more than 28 days since your last period, please confirm with the technologist that you are not pregnant.*

Exam	Preparation	Approximate Exam Time
Gallium Scan	No preparation prior to injection. Involves 2 separate visits: <input type="radio"/> The first for injection <input type="radio"/> Two days later for images, which takes 1 hour.	15 minutes, return 48 - 72 hours later for 1 hour
Hepatobiliary Scan (HIDA)	Nothing to eat or drink after midnight	2 hours
Meckel's Scan	Starting at 8:00am the <u>day prior</u> to exam take oral Pepcid AC 20 mg (famotidine). A second 20 mg dose should be taken the evening before the exam, and a third 20mg dose taken on the morning of the test with a small sip of water, 1 hour prior to imaging. Total 3 doses. Nothing to eat or drink after midnight.	1 hour
Renal Scan: (Diuretic)	Drink 1 liter of fluid 1 hour prior to exam	Ranges from 45 minutes to 2 hours
Renal Scan: (Renovascular Hypertension)	Patient off ACE inhibitors for 48 hours. No breakfast. Drink 1 liter of fluid 1 hour prior to exam. Take 50mg of CAPTOPRIL 1 hour prior to examination as prescribed by your own practitioner.	1 hour
Cardiac Examinations	Refer to preparation instructions on Cardiac Requisition.	
Lung VQ Scan	No Preparation	1 hour

## Locations Hours of operation vary by examination

🕒 *Extended Hours available for X-ray*

### Edmonton

**Allin Clinic** (X-ray only)

B1, 10155 120 ST NW  
Fax: 780.488.0238

🕒 **Century Park**

201-2377 111 ST NW  
Fax: 780.665.4289

**Gateway Clinic**

107-6925 Gateway BLVD NW  
Fax: 1.866.815.1715

**Heritage Valley Town Centre**

2903-119A ST SW  
(opening spring 2025)

**Hys Medical Centre**

202-11010 101 ST NW  
Fax: 780.424.7780

**Manning Town Centre**

15425 37 ST NW  
Fax: 780.665.7276

**Namao 160**

209-15961 97 ST NW  
Fax: 1.877.433.9020

🕒 **Tawa Centre**

200-3017 66 ST NW  
Fax: 780.461.7527

**Terra Losa**

9566-170 ST NW  
Fax: 1.877.543.8044

🕒 **Windermere**

201-6103 Currents DR NW  
Fax: 1.888.442.2136

**MRI & CT**

(Separate requisition required)

**MRI & CT Century Park**

201-2377 111 ST NW  
Fax: 780.433.7286

**MRI Terra Losa**

9566-170 ST NW  
Fax: 780.433.7286

### Ft. Saskatchewan

**SouthPointe**

115-9332 Southfort DR  
Fax: 780.392.1269

### Sherwood Park

**Synergy Wellness Centre**

501 Bethel Dr  
109-Main Clinic  
145-Women's Imaging  
Fax: 780.392.1268

### St. Albert

**Grandin X-Ray** (X-ray only)

1 St. Anne ST  
Fax: 780.458.9096

**Sturgeon Medical Women's Imaging**

110-625 St. Albert Trail  
Fax: 1.866.215.9996

🕒 **Summit Centre**

102-200 Boudreau RD  
Fax: 780.459.2376

**MIC Business Office**

**Hys Centre**

203-11010 101 ST NW, Edmonton  
Fax: 780.425.5979